

NORTHERN SUPERIOR RESOURCES INC.

1351C Kelly Lake Road, Unit 7 Sudbury, Ontario, Canada P3E 5P5

Tel: (705) 525-0992 Fax: (705) 525-7701

NEWS RELEASE-For Immediate Release

NORTHERN SUPERIOR'S CBSZ GOLD DEPOSIT IS POISED FOR GROWTH: CROTEAU EST GOLD PROPERTY, QUÉBEC

Sudbury, Ontario, February 20, 2018: Northern Superior Resources Inc. ("Northern Superior" or the "Company") (TSXV: SUP) (OTCQB: NSUPF), is pleased to release a revised longitudinal section for the Croteau Bouchard Shear Zone (CBSZ) gold deposit, on its 100% owned Croteau Est Property, west-central Québec (Figure 1). This revised longitudinal section is derived from the integration of corehole drilling results from the recently completed 2017 Phase II and III drill programs on the Property (see Northern Superior press releases: November 13, 2017; January 10, 2018) with those from historic drilling (total of 81 holes, 28,524.5m).

Several key findings from drill programs completed within the CBSZ that are shown in the new longitudinal section (Figure 1) clearly demonstrate that a significant expansion in the growth of the current resource is anticipated (*see* Northern Superior Resources press release: January 14, 2016).

KEY FINDINGS

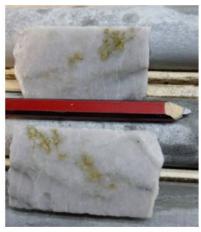
- Expansion of the deposit strike from 550 m to 750 m (east to west), and expansion of the
 resource from a previous vertical depth of 350 m to 425 m depth, with the continuation
 of mineralized intercepts to 575 m vertical depth.
- Defining that gold mineralization associated with this deposit:
 - ✓ Extends from surface and is open at depth; and is further
 - ✓ Open along strike, both to the east and to the west
- Defining no less than *nine discrete ore shoots* within the deposit that plunge at a shallow angle (20°-25°) towards the east; previous resource model defined only two ore shoots:
 - ✓ Ore shoots are of mineable grade (> 2 g/t Au) and width (> 5 m true width).
- Strategically changing the drill orientation from south to north to north to south during the 2017 Phase II and Phase III drill programs resulted in:
 - ✓ Delineation of multiple ore lenses or shoots in a single drill hole compared to historic holes; and
 - ✓ The overall number of significant assays per drill hole being much higher amongst the Phase II and III drill holes (109 values) compared to historic holes (29 values) (compare Tables 1 and 2).
- Coarse anhedral visible gold (Photo Panel 1) was noted in several holes during the Phase II and III drilling, with the results of 6,441 split core samples submitted for assay returning results:
 - ✓ That encompassed high grade gold hosted by quartz veins as in drill holes CRO17-111 (705 g/t Au/ 0.5 m); CRO17-94 (56.4 g/t Au/ 1.0 m) + 14.6 g/t Au/ 1.0 m); CRO17-95 (60.4 g/t Au/ 0.9 m); CRO17-96 (72.9 g/t Au/ 0.7 m); CRO17-98 (39.9 g/t Au/ 1.05 m); CRO-17-107 (19.5 g/t Au/ 1.0 m); CRO17-108 (28.5 g/t Au/ 1.35 m); to

- ✓ Wide intervals of lower grade mineralization associated with shearing and so-called "flat dipping" or horizontal quartz veins that were largely undetected by historic drill holes owing to their orientation that returned assays on the order of 1.19 g/t Au/ 47.0 m (CRO17-104); 1.47 g/t Au/ 31.85 m (CRO17-96); and 0.92 g/t Au/ 51.0 m (CRO17-99) (see Northern Superior Resources press releases: November 13, 2017; January 10, 2018).
- **T.F. Morris, President and CEO of Northern Superior Resources states:** "The opportunity to expand the gold resource associated with the CBSZ is wide open. Advancing this project will be quick and cost-effective given our enhanced understanding of the geological controls on gold mineralization, the advantages of infrastructure (roads, rail, airport, electricity, mill) and sophisticated service support offered from three different communities (Chapais, Chibougamau, Oujé Bougoumou). The Croteau Est gold property is proving to be an excellent investment opportunity, based not only upon the Company's ability to expand the current gold resource, but also the opportunities presented by several other gold showings identified elsewhere on the property (see Northern Superior Resources press release: January 21, 2016)."

Photo Panel 1. Examples of irregular clusters of course anhedral visible gold, observed at three different levels within the CBSZ: emphasizes continuation of the mineralization from surface to depth.



Visible Gold @ Surface Trench 3 14.37 g/t Au // 7.5m



Visible Gold @ 167.4m CRO17-111 705 g/t Au // 0.5m



Visible Gold @ 496.1m CRO17-094 56.4 g/t Au //1m

Figure 1. Revised long section through the CBSZ gold deposit indicating nine ore shoots of mineable grade (> 2 g/t Au) and width (> 5 m true width). The deposit is open both along strike to the west and to the east, and is open at depth.

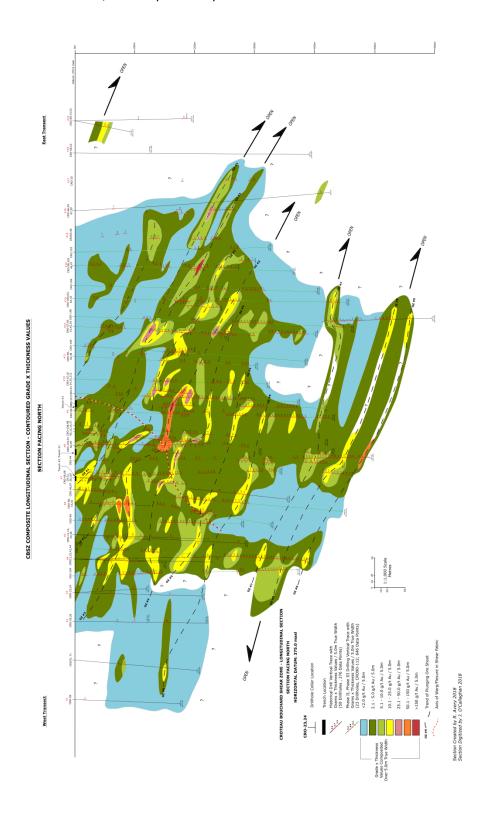


Table 1. Phase II-III Drilling Significant Assay Highlights: Grade x Thickness Values >5.0 g/t Au-m.

	Depth Interval		Assay	Assay	Grade x
Drillhole	From (m)	To (m)	Value g/t - Au	Length (m)	Thickness
	4.5	23.7	1.38	19.2	26.5
CRO17-90	40.0	66.0	0.71	26.0	18.5
	173.2	174.5	3.97	1.3	5.0
	195.2	229.9	1.99	34.7	69.1
	253.0	282.6	1.63	29.6	48.1
	128.5	131.9	2.01	3.4	6.7
	158.4	167.6	1.05	9.2	9.6
	197.9	207.0	0.81	9.2	7.4
CRO17-91	225.0	236.2	1.12	11.2	12.6
	242.3	243.3	10.70	1.0	10.7
	262.8	285.0	0.95	22.2	21.1
	295.1	318.0	0.75	23.0	17.3
	151.0	153.0	5.73	2.0	11.2
CRO17-92	211.0	213.0	3.55	2.0	7.1
	216.6	216.9	24.10	0.3	7.2
	67.6	72.9	1.06	5.3	5.6
	186.9	191.8	2.78	4.9	13.5
CRO17-93	249.0	253.9	2.12	4.9	10.4
	322.8	331.9	0.60	9.1	5.5
	340.0	350.6	0.53	10.6	5.6
	332.5	334.7	3.09	2.2	6.6
	397.0	404.1	1.14	7.1	8.0
CRO17-94	413.1	416.0	7.70	2.9	22.3
CRO17-94	437.8	449.5	0.51	11.7	5.9
	456.4	468.0	1.96	11.6	22.8
	489.9	497.9	7.50	8.0	59.6
	32.1	41.3	1.98	9.2	18.2
CRO17-95	105.8	113.7	4.15	8.0	33.0
0.1000	153.0	162.1	11.06	9.1	100.7
	172.7	190.4	1.20	17.8	21.3
	6.0	14.0	1.32	8.0	10.6
	22.1	23.1	9.66	1.0	9.7
CRO17-96	64.1	65.1	6.24	1.1	6.6
	161.7	164.5	15.67	3.8	59.5
	180.7	190.7	1.04	10.1	10.4
	276.6	292.0	1.33	15.4	20.5
	316.0	343.0	1.50	27.0	40.4
00017.55	358.0	389.9	1.47	31.9	46.9
CRO17-97	233.5	235.5	3.50	2.0	7.0
	148.0	157.2	1.61	9.2	14.8
	164.4	170.0	1.08	5.6	6.0
CRO17-98	189.0	192.9	5.53	3.9	21.6
	209.0	211.1	21.05	2.1	44.2
	405.1	406.0	6.35	0.9	6.0
	427.0	435.0	0.92	8.0	7.3

	440.0	446.0	1.42	6.0	8.5
	25.0	38.0	1.55	13.0	20.2
CRO17-99	74.4	80.0	1.66	5.7	9.4
	90.0	96.8	2.02	6.8	13.8
	143.0	147.0	1.53	4.0	6.1
	161.0	163.0	5.27	2.0	10.5
	174.0	225.0	0.92	51.0	47.0
	265.0	287.0	0.94	22.0	20.6
00017.100	305.0	316.0	1.70	11.0	18.7
CRO17-100	437.0	439.0	3.74	2.0	7.5
	443.0	448.0	1.49	5.0	7.5
	70.0	78.0	1.96	8.0	15.7
	91.0	104.0	0.51	13.0	6.6
	116.0	129.4	2.56	13.4	34.1
	134.5	136.0	5.80	1.5	8.7
CRO17-101	259.6	280.0	1.40	20.4	28.6
	305.0	317.0	2.71	12.0	32.5
	338.0	355.6	0.91	17.6	16.0
	368.4	368.4	5.86	1.0	5.9
	387.7	391.0	3.94	3.3	13.0
CRO17-102	201.0	205.3	1.16	4.3	5.0
	9.0	11.0	4.08	2.0	8.2
	33.0	40.7	0.87	7.7	6.7
CDO17 101	74.0	93.0	1.06	19.0	20.2
CRO17-104	128.4	136.5	3.54	8.1	28.7
	219.0	221.0	4.07	2.0	8.1
	310.0	357.0	1.19	47.0	55.7
	189.0	195.9	0.97	6.9	6.7
	248.0	258.0	0.70	10.0	7.0
CRO17-105	265.0	282.0	3.02	17.0	51.3
	441.0	445.0	1.30	4.0	5.2
	447.0	451.0	3.14	4.0	12.5
	230.0	236.0	1.17	6.0	7.0
CRO17-106	254.0	261.0	1.42	7.0	10.0
	290.8	304.8	0.60	14.0	8.4
	25.0	27.0	4.37	2.0	8.7
	46.0	57.0	1.39	11.0	15.3
	76.0	77.0	6.17	1.0	6.2
	116.0	127.0	0.75	11.0	8.2
CRO17-107	143.0	157.0	0.66	14.0	9.3
	162.7	178.0	2.19	15.4	33.6
	302.0	304.0	5.66	2.0	11.3
	309.6	314.0	1.71	4.4	7.5
	338.0	340.0	3.16	2.0	6.3
CRO17-108	20.0	25.1	2.54	5.1	12.9
	124.5	129.0	2.11	4.5	9.5
	156.8	164.5	5.97	7.6	45.7
	190.0	192.0	2.83	2.0	5.7
	230.0	233.0	3.91	3.0	11.7

	269.0	279.0	1.31	10.0	13.1
CRO17-109	176.1	177.1	10.15	1.0	10.2
00017.110	5.0	9.0	1.76	4.0	7.0
	32.0	40.0	0.98	8.0	7.8
	64.0	85.0	0.42	21.0	8.8
CRO17-110	144.0	152.2	1.55	8.2	12.7
	172.0	175.0	12.82	3.0	38.5
	391.0	416.0	0.93	25.0	23.3
CRO17-111	164.1	170.0	61.24	5.9	364.4
	196.0	200.0	3.44	4.0	13.7
	285.0	302.0	1.87	17.0	31.8
	368.0	375.0	0.87	7.0	6.1
CRO17-112	140.0	142.0	4.22	2.0	8.4
	156.6	164.0	5.02	7.4	37.4
	265.0	271.0	2.22	6.0	13.3
n = 22 DH	count	109			

Table 2. Optiro Pty. Ltd. CBSZ Resource Calculation: Grade x Thickness Values >5.0 g/t Au-m.

	Sample Interval		Assay	Assay	Grade x	
Drillhole	From (m)	To (m)	Value Length g/t - Au (m)		Thickness	
CRO11-01	41.1	45.5	3.7	4.4	16.2	
CRO11-05	170.2	176.0	12.7	5.9	74.5	
CROTT-05	181.8	190.5	12.8	8.8	111.7	
CRO11-06	15.6	18.0	9.6	2.5	23.6	
CROTI-00	28.0	34.0	4.6	6.0	27.5	
CRO11-08	25.0	35.0	2.1	10.0	21.1	
CRO12-10	90.8	110.3	8.2	19.6	159.5	
CRO12-11	96.0	108.3	1.6	12.3	19.7	
CRO12-21	59.2	59.7	32.4	0.5	16.2	
CRO12-22	88.0	105.0	0.8	17.0	14.3	
CRO12-29	171.2	181.4	3.4	10.2	34.2	
CRO12-31	315.5	334.0	2.0	18.5	37.6	
	160.3	168.5	3.4	8.2	28.1	
CRO12-34	181.0	188.1	2.0	7.1	14.3	
CRO12-34	221.7	233.2	5.8	11.5	66.0	
	236.0	250.2	3.3	14.2	46.6	
CRO12-35	353.0	353.4	49.4	0.4	19.8	
CRO12-38	206.0	215.4	2.6	9.4	24.1	
CRO12-36	220.0	243.0	0.8	23.0	19.1	
	153.4	155.2	25.8	1.9	47.7	
CRO12-41	170.4	199.5	1.2	29.2	34.7	
	207.5	220.0	2.3	12.6	28.4	
	240.0	259.0	0.7	19.0	13.5	
CRO12-42	276.5	278.2	8.7	1.8	15.2	
CRO12-43	200.7	221.4	0.9	20.7	17.8	
CRO12-46	241.2	246.0	75.4	4.8	362.1	
CRU12-40	283.9	291.0	1.9	7.1	13.6	

CRO12-49	270.4	273.0	9.5	2.6	24.8
CRO12-64	251.0	252.0	18.85	1.0	18.9
n= 19 DH				count	29

About Northern Superior Resources Inc.

Northern Superior is a reporting issuer in British Columbia, Alberta, Ontario and Québec, and trades on the TSX Venture Exchange under the symbol SUP, and on the OTCQB Venture Market under the symbol NSUPF. The Company is currently focused on exploring its 100% owned Croteau Est (Québec) and Ti-pa-haa-kaa-ning (Northwestern Ontario) properties. The Company's remaining properties (all 100% owned) in Québec and Northwestern Ontario are available for option.

Qualified Person

The foregoing scientific and technical disclosure has been approved by Ron Avery (P.Geo.), a Qualified Person ("QP") as defined by National Instrument 43-101. Mr. Avery is an independent consultant to Northern Superior and is the QP for the Croteau Est property.

For further information please visit the Company's website at www.nsuperior.com or contact:

Thomas F. Morris P.Geo., PhD., FGAC

President and CEO Tel: (705) 525 -0992 Fax: (705) 525 -7701

e-mail: info@nsuperior.com

www.nsuperior.com

Cautionary Note Regarding Forward-Looking Statements

This Press Release contains forward-looking statements that involve risks and uncertainties, which may cause actual results to differ materially from the statements made. When used in this document, the words "may", "would", "could", "will", "intend", "plan", "anticipate", "believe", "estimate", "expect" and similar expressions are intended to identify forward-looking statements. Such statements reflect our current views with respect to future events and are subject to such risks and uncertainties. Many factors could cause our actual results to differ materially from the statements made, including those factors discussed in filings made by us with the Canadian securities regulatory authorities. Should one or more of these risks and uncertainties, such actual results of current exploration programs, the general risks associated with the mining industry, the price of gold and other metals, currency and interest rate fluctuations, increased competition and general economic and market factors, occur or should assumptions underlying the forward looking statements prove incorrect, actual results may vary materially from those described herein as intended, planned, anticipated, or expected. We do not intend and do not assume any obligation to update these forward-looking statements, except as required by law. Shareholders are cautioned not to put undue reliance on such forward-looking statements.

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.