SWEETS

2019 IMPACT REPORT

KICK SUGAR KEEP CANDY!

It's our mission to provide you with accessibility to candy you know and love - without the sugar. We work tirelessly to be a leader in reducing sugar consumption, creating a world of sweeter possibilities. Together this is our sweet impact:



861,408,006 GRAMS OF SUGAR

TOGETHER WE HAVE KICKED

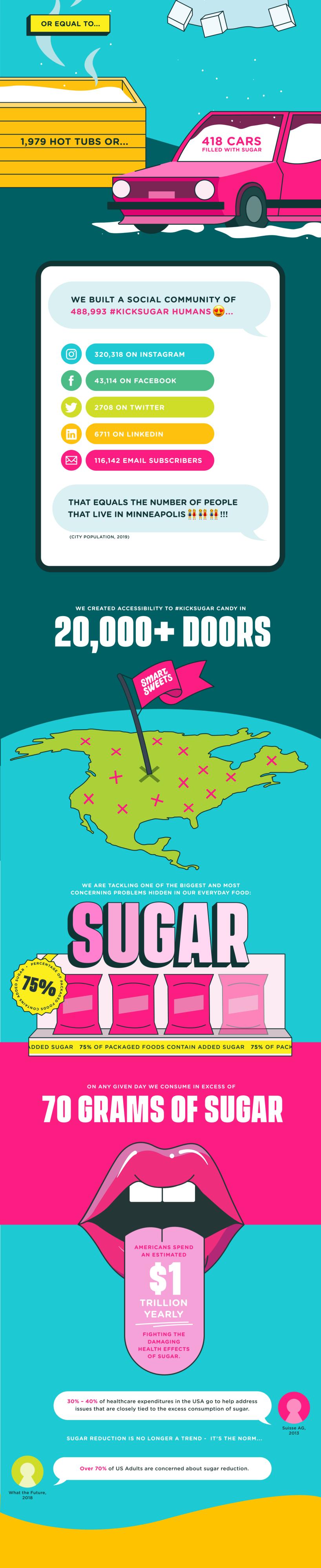
LUBULGE, 766 GRAMS OF SUGAR

SINCE OUR LAUNCH ON JULY 17, 2016!

THAT'S... 250,000,000 TEASPOONS OF SUGAR



1,000,000 BAGS OF SUGAR



THE WORLD HEALTH ORGANIZATION (WHO) HAS CALLED ON COUNTRIES TO REDUCE SUGAR INTAKE AMONG ADULTS AND CHILDREN.

> The WHO ideal sugar intake recommendation is 5% of your daily calorie intake. For an adult of a normal BMI, that works out to about

6 tbsp (or 25g) of sugar/day. WORLD HEALTH ORGANIZATION, 2016

By tackling sugar in the epicenter of the food industry (the candy aisle) we are raising the larger question: Why is so much added sugar in our packaged foods today?

KICKSUGAR KEEP CANDY SWERS

NUMBERS IN THIS REPORT ARE RUN FROM JANUARY 1ST, 2019 TO FEBRUARY 24TH, 2020. RESOURCES:

City Population. (2019, May 26). USA: States and Major Cities. Retrieved January 14, 2020, from https://www.citypopulation.de/en/usa/cities/ 2013 Credit Suisse Group AG. (2013, September). pdf. Zurich, Switzerland.

Ng, S.W., Slining, M.M., & Popkin, B.M. (2012). Use of caloric and noncaloric sweeteners in US consumer packaged foods, 2005-2009. Journal of the Academy of Nutrition and Dietetics , 112(11), 1828-1834.e1821-1826. What The Future. (2018). pdf. NA.

World Health Organization. (2016, May 17). WHO calls on countries to reduce sugars intake among adults and children. Retrieved February 24, 2020, from https://www.who.int/mediacentre/news/releases/2015/sugar-guideline/en/

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WE ASKED... HON HAS SNARTSNEETS INPACTED YOUR LIFE?

shanewilliam32 You have allowed me to enjoy my favorite candy without the guilt and it still tastes great!	<pre>www.endpoints.com and any one of the second s</pre>	flaco_the_taco Allowing me to have candy when I have craving and not feel bad about it (i)	 positivelypotatoes I no longer have to miss peach rings since going vegan! REPLY
REPLY >	 with alx and alx also be also be	REPLY > kaitlynvarner3 love eating them on airplane rides! I get excited to fly because I always have them!	<pre>marissajohanne_ I can finally enjoy a bag of candy and not feel guilty about it Thank you!! REPLY</pre>
REPLY > Ite_autistic_underdog They brought peach rings into my life! #mygotosnack	<pre> reneesavoyy Guilt free treats!! REPLY </pre>	REPLY > Image: the www dad > Image: can enjoy a sweet snack without the guilt! >	keishalifts I can eat a whole bag of candies guilt free yes please
REPLY > Stephwithdaisies Cause I can eat sweets again REPLY >	 danicakesxoxo With guilt free peach rings!!!!! REPLY > Keto_hawaiian 	REPLY Image: state of the	 megjeffrey987 Help me lose over 100lbs did the keto lifestyle and didn't have to give up my sour candie REPLY > g.soffian
	It gave me my life back, allowed me to be healthier and a better mom to my children.		It has helped me with losing weight SIGNIFICANTLY. I no longer eat bags of candy with 35g sugar!